DID YOU KNOW THAT IN IRELAND...

Pharmacists are specialists who can advise you in case of illness: depending on your state of health, you will be offered different medication or they can advise you to visit a GP. Information and advice in pharmacies is free.

All medicines are sold in pharmacies. Many of them can be purchased without a prescription. However, for example, some strong painkillers or antibiotics are available by prescription only, since such medication require a diagnosis and observation made by a general practitioner.

If you have an injury that does not require hospitalization, you can go to one of the Injury Units, which are located separately from the hospitals. You can get there with or without a referral from a GP. Free with a medical card or 75€ per visit without a medical card.

Do you want to learn more?

Contact us...

NOTES

Healthcare in Ireland – what you need to know!







development organisation working to tackle health inequalities among ethnic minority communities by improving ethnic minority access to health services, and ethnic minority participation in health planning and delivery.

In the center you can:

- learn about your health rights;
- get help if you have problems;
- learn more about the healthcare system in Ireland;
- receive information in your native language.

All services are free and confidential.



Cairde Challenging ethnic minority health inequalities

www.healthconnect.ie

The Cairde organization created the HEALTHCONNECT website.

This is a small encyclopedia in your phone or computer about medical services in Ireland and the opportunity to get information in your native language.

If you are permanent resident in Ireland, you have access to many medical services and on **HEALTHCONNECT** you will find information about:

- **GP** (general practitioner);
- primary care (access to a wide range of community care services);
- hospital services;
- maternity services (pregnancy);
- mental health services (mental health concerns);
- sexual health service (contraception, emergency contraception and advice).
 And much more...

THE OFFICE OF CAIRDE IN DUBLIN:

19 Belvedere Place, Dublin 1, Ireland
Phone number: 01 855 2111
Open from 10am to 5pm from Monday to
Thursday.
You can also email a worker that speak other
language then English.
Email: info@cairde.ie
julia@cairde.ie

BALBRIGGAN OFFICE OF CAIRDE:

Old St.Georges School, Hampton St., Balbriggan Phone number: 01 802 0785 The office is open from 10am to 5pm from Monday to Thursday.

Email: balbriggan@cairde.ie sarah@cairde.ie